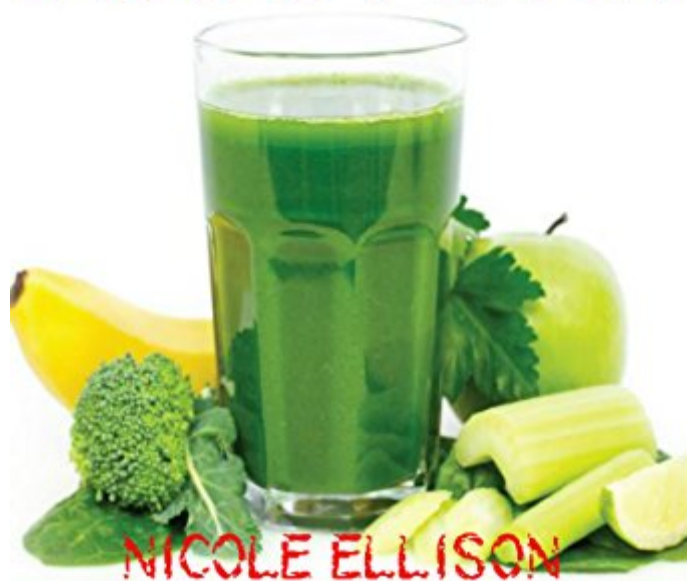


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DETOX SECRET & WEIGHT LOSS SMOOTHIES: Detox Secret & Weight Loss Smoothie Recipes For Everyone Who Want To Be Slim

THE DETOX SECRET & WEIGHT LOSS SMOOTHIES



Synopsis

Detox Secret & Weight Loss Smoothie Recipes for Everyone Who Want to Be Slim

Book Information

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in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Low Fat

Customer Reviews

I really love smoothies. Green detox drinks will be a great asset to any weight loss with the right detox diet plan. The food that you buy could be laced with so many preservatives and toxins that do harsh for the body. We need a healthy diet, which is rich in nutrients and will provide fiber and anti-oxidants, this book is a must-have. Delicious and nutritious!

This book has good selection of recipes for smoothies that can help to lose weight and detox the body. Smoothies in this book consist primarily from fruits, vegetables and other super healthy components. I tried two smoothies and they tasted healthy and also delicious.

I am a lover of recipe books and I can say I have quite a number and I certainly do not regret adding this to my collection. Am fat and I love recipes that would help reduce my weight and that I would

enjoy at the same time. And trust me the taste is yummy.

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